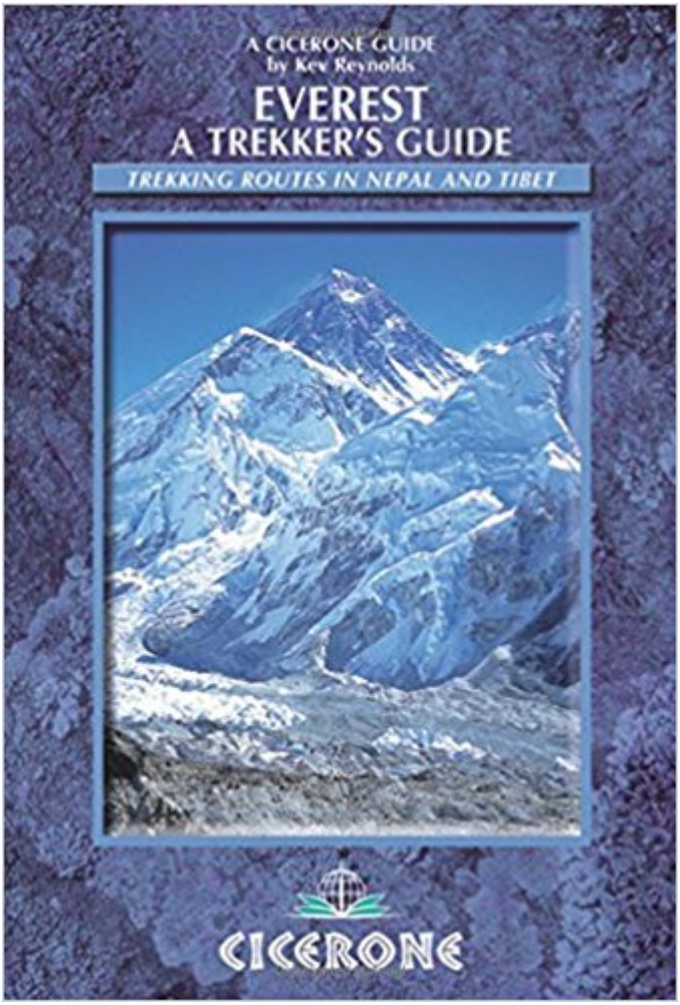
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# Everest: A Trekker's Guide: Trekking Routes In Nepal And Tibet (Cicerone Guides)




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## Synopsis

The Himalayan Kingdom of Nepal is a trekkerÃ¢â ¬â„¢s dream. This fourth edition guide leads the explorer through Nepal and the SherpaÃ¢â ¬â„¢s homeland. The mountain panoramas and lives of the Nepalese are clearly documented, together with the detailed needs of the trekker in this challenging but most rewarding region. All the main trekking routes, including from Lukla (and Jiri) to Namche, and routes to Thame, Gokyo, Thangboche, Lobuche, Kala Pattar and Everest Base Camp. Includes the route in Tibet from Tingri to the North side Base Camp and Rongbuk monastery/glacier.

## Book Information

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## Customer Reviews

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

A great book! We had a great time hiking from Lukla to the Everest Base Camp, without a guide, only by using this book. Very fine details and great timings!Disadvantages : The rates are a bit off dated (3 years past since the current edition), and there are a lot more places for accommodation at the moment.Five stars well deserved! *****

I am very satisfiet with the guide. It got everything I expected. Detaled routing, where to sleep, ihow to travel.....lots of good stuff in a poket size book.

This is an outstanding book with excellent content, tips and pictures. The 11 of us on the trek kept passing it around for helpful information.

I have a number of books on the Everest Region including Lonely Planets Trekking the Nepal Himalaya, Trailblazers Trekking the Everest Region and Berezuchas Trekking in Nepal. For details relating to route descriptions, photos, and practical info for the specific region I find this guide the best. It is very well written from its descriptions of the various main and side treks to the feel within the teahouse lodges. I have not been there yet so I cant verify the accuracy but Im very impressed. I have been posting to Lonely Planets Thorn Tree asking about various alternative trekking routes and have had some posters who had already been there say they didnt even know those options existed. The book is also smaller than some guides and the paper quality seems superior to the others. Its great to see some beautiful color photos. This guide clinched my decision to trek in the Everest Area. Hope this Helps!!!!!!!!!!!!!!!

Decent info on trekking the Everest region. I gave it a 3 star rating however because after spending time there I really think you can get by without it if you can’t afford it. If you are worried about what route you want to plan etc, then it is good to buy this. If you are not, then you can get by without.

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